



DINAMIC INTERNATIONAL ACRO CUP 2019 APRIL 18TH-21TH

THE VENUE



C/ Vicente Gallar,1.

ORGANISING COMITTEE

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INVITATION

Club Dinamic is pleased to invite your club to participate in the 1st Dinamic International acro cup.

We are hosting this event under the support of Federación valenciana de gimnasia, Fundación deportiva municipal and Valencia city.

This competition will take place in the city of Valencia from 18th to 21st of April 2019 and it is opened to national, regional and international Club Teams.

2.-TECHNICAL RULES

All the FIG technical rules considered valid during the period of the competition:

- Technical Regulations
- Code of Points (2017-2020)
- World Age Group Rules (latest version)
- All the official FIG newsletter will be applied

Spanish National normative.

3.-COMPETITION PROGRAMME

Youth: Spanish national rules- Age: 7 - 16 (non-height deduction- no salto required)

Age Group 1: Age Group 11-16 FIG rules

Age Group 2: Age Group 12-18 FIG rules

Junior: Age Group 13-19 FIG rules

Senior: Senior FIG rules

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Finals: top six or top eight or top twelve of qualifications, depending on the amount of pairs/groups per category.

- * 1 to 9 P/G – 6 finalists;
- * 10 to 16 P/G – 8 finalists;
- * more than 16 P/G – 12 finalists

Youth – Combined (sum of the two Combined exercises – Qualif. + Final – defines the winner).

Age Group 1 – Balance or Dynamic in accordance with FIG rules for 11-16 (starts from zero).

Age Group 2, Junior and Senior – Combined (Sum Balance + Dynamic + Combined defines the winner).

3.2- SPANISH NATIONAL RULES (YOUTH)

1 Combined routine (Difficulty calculated as FIG 11-16 Age Group) with a 2 minutes duration.

General Rules:

Pairs: choose 2 balance elements from 11-16 compulsory tables + 1 optional element from FIG Tables and 2 dynamic elements from 11-16 compulsory tables + 1 optional element from FIG Tables. Cannot be chosen element from FIG Tables that are in 11-16 compulsory tables too.

Groups: choose 1 pyramid from 11-16 compulsory tables + 1 optional pyramid from FIG Tables (only 2 static hold 3 seconds required) and 2 dynamic elements from 11-16 compulsory tables + 1 optional element from FIG Tables. The optional pyramid may be selected from one of the same categories used in the compulsory element. Cannot be chosen element from FIG Tables that are in 11-16 compulsory tables too.

Individuals: 4 elements selected from the TOD 11-16 or TOD FIG. 2 of the elements must be from balance, flexibility or/and agility and 2 of them from Tumbling. (no salto required)

Any of the elements must have more than 10 value



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The base must assist the top in all the dynamic elements (even if the assistance does not appear in the drawing) Every time the partner don't assist, will be a 0,5 penalty.

The absence of a requisite will have a 1 point penalty.

4.- PROVISIONAL SCHEDULE

This schedule may be updated. All changes will be communicated to the clubs.

Wednesday 17th: Arrival of delegations
 Podium training as per Schedule*

Thursday 18th Accreditations
 Podium training as per Schedule*
 Orientation meeting (Coach, HoD, team manager, judge)
 Qualifications 1st exercise

Friday 19th 1st exercise Youth
 Qualifications 2nd exercise

Saturday 20th Finals
 Award ceremony
 Gala and Acro-party

Sunday 21st Sun & fun: beach activities and Paella.
 Departure of the delegations.

**The podium training will be organised with the clubs that have done the accommodation in the organisation hotels.*



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5.-REGISTRATION DEADLINES AND FINANCE OBLIGATIONS

Provisional registration: December 15th

Definitive registration: February 5th (50% accommodation + entry fee)

Nominative registration: March 15th (rest of the accommodation).

Payments will be done by transfer to the next account:

CODIGO BIC / SWIFT BBVAES / MMXXX

CODIGO IBAN ES66 0182 6579 1502 0152 1848

- The entry fee is not refundable
- The accommodation is only refundable if cancellation is made before March 15th 2019
- All delegations must bring (at least) 1 judge – NO JUDGE Penalty: 250 €
- We kindly ask to all participants to be booked through the OC –

6.-ENTRY FEE

40€/ gymnast

7.-ACCOMODATION/MEALS/TRANSPORT

Hotel

The final list of official hotels will be published as soon as possible. For the moment, so that you can make a budget approach we give you the hotels with which we are negotiating the accommodation.

First line of the beach

Hotel Las Arenas 5* 1,1 kmtrs from sport hall (14 min by walk) 150€	Hotel boutique Baladret 3* 1,1 kmtrs from sport hall (15 min by walk) 90€
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Hotel Miramar 2* 1,1 kmtrs from sport hall (15 min by walk) 65€	
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Close to de sea, but you have to walk:

Hotel Marina Atarazanas 4* 650 mtrs from sport hall (8 min by walk) 55€	Urban Youth Hostel 750 mtrs from sport hall (9 min by walk) 30€
Balcón al Mar (hostel) 750 mtrs from sport hall (9 min) 50€	

Meals

Full board is included in accommodation packages. Breakfast will be served at the hotel. Lunch and dinner will be served in the Competition hall

Hotel rooms will be allocated on a "first come, first served" basics.

The Head of Delegation will receive meal tickets upon arrival at accreditation. **NO TICKET — NO MEALS!!!
NO ACCREDITATION — NO MEALS!!!**

8.-AIRPORT TRANSFER

Transfers to and from the Valencia airport to the official hotel will be provided to all delegations included in the Accommodation Package.

9.-INSURANCE

The Organizer will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. All participating Federations and clubs are responsible for making their own arrangements to have the necessary valid insurance, coverage against illness, accidents and for repatriation for all the members of their Delegation.



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10.-MEDICAL SERVICE

During the competition there will be a service of the red cross to attend any serious accident or need to travel to a hospital.

We are trying to have a team of physiotherapists that can attend to any minor incident.



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11.-ACCREDITATION/TARIFF SHEETS AND MUSICS

ACCREDITATION

It will be in the competition hall:
Wednesday 17th from 17 to 22hrs
Thursday 18th from 9 to 17hrs.

The accreditation will identify the participants and ensures access to each area.
All the club members registered in the competition as a gymnast, coach, HoD, doctor...will be required to wear the accreditation in a visible place in order to make it easier for the security team to identify everybody.

The head of delegation:

- Must check the correct name of their complete delegation
- Verify accommodation requirements
- Hand the music of their competitors in pen drive or cd (just one copy for safety).
- Present the Passports of all competitors and members of the team for control

The accreditation is personal and non-transferable. It will allow to pass the control Access to training and competition hall, medical services, lunches and dinners.

If you lose it, you will have to buy a new one for **250€**.

Additional accreditations can be requested. The Price is 250€ per extra accreditation. Includes lunch and dinner (from Thursday to Saturday), free entry to competition, training, Gala and acro-party.

In order to accelerate the accreditation procedure, please send to the organization committee a photo of each delegation member.

The specification of the photo should be as follows:

File format: jpg, png o tiff

Dimensions: 190 pixels wide x 250 pixels' high

File name: Name of club_surname_name. (example: Dinamic_Coronado_Silvia)

TARIFF SHEETS AND MUSICS.

Tariff sheets must be sent until April 1ST. Please, use the same format to identify the tariff and music:

NUMBER_SPECIALITY_CATEGORY_EXERCISE_CLUB

Example: 29_W3_Y_BAL_DINAMIC.

(The NUMBER will be given after the Nominative Entries and will appear in the Participants Lists)

Note:

Y = Youth;

AG1 = Age Group 1 AG2 = Age Group 2

J = Junior

S = Senior



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12.-VISA

If you need an official invitation to obtain a Visa to travel to Spain, please contact the OC as soon as possible.

13.-GALA AND FAREWELL PARTY

Gala: on Saturday evening we are organizing a big show where the clubs who are interested could participate to perform. The point of this event is to show a different view of the gymnastics as an artistic way of expression without judges. Just email to info@dinamicespectaculos.com with all the information:

- Name of the composition
- Number of participants (and name of them)
- Music
- Video of the performance (if you have it)
- The places for the Gala will be chosen by order of emailing and the quality of the performance.

Acro party:

We apply a "no alcohol" rule for all the gymnasts. For that reason, there will be no alcohol in the farewell party

14.-FUN & SUN

On Sunday morning we will offer to all delegations a whole morning of activities and games in the Cabañal beach in order to build and strengthen the friendship and partnership of the acro- community. After this event, all the participants will have a fraternal meal together around a Big Paella Valenciana.